



# ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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 @PadreFreitas

80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

Father F. Freitas, Pastor email: [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca)

## SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. and 7:00 p.m.

Children's Ministry for those in Age 2 - Grade 4 is offered at both 9:00am & 11:00 a.m. Mass.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

## WEEKDAY MASSES

Please consult inside of bulletin.

## SACRAMENT OF RECONCILIATION

Tuesday 6:00-6:45 p.m.

Wednesday and Thursday 11:50 a.m.-12:05 p.m.

Saturday 4:00-4:30 p.m.

Sunday 6:00-6:30 p.m. (effective September 2019)

## PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

## PARISH PRAYER NETWORK

Our parish prayer network offers us the opportunity to weekly pray for those in our community who are in need. To become a member of the prayer network, or to add an intention, just drop us an email at [stmikesprayer@gmail.com](mailto:stmikesprayer@gmail.com)

## OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students ([jp2waterloo.ca](http://jp2waterloo.ca)). Our 7:00pm Sunday evening Mass is especially for our student community.

## ADORATION OF THE BLESSED SACRAMENT

The Church is Open Daily for Quiet Visit and Prayer. Adoration of the Blessed Sacrament takes place on Tuesday evenings following the evening Mass.

## SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father Freitas before setting a date of marriage.

## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

## BEREAVEMENT CARE

"Heartache to Healing" is our Grief Support Group. To find out more about the program contact our parish office.

## ST. VINCENT DE PAUL SOCIETY

Provides emergency grocery assistance to needy persons and families in our parish area. If there is an urgent need, please call 519-747-1090. A monthly collection to assist the Society in its work takes place on the First Sunday.

## BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

## WELCOME HOME TO ST. MICHAEL PARISH

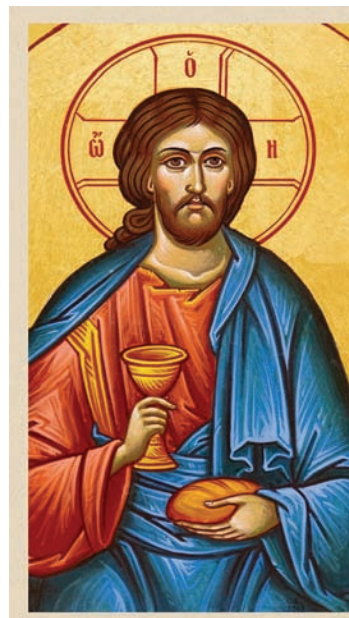
Whether exploring, struggling or looking for a new Church Home - we extend a warm welcome from our parish and pray that you feel at home. Please introduce yourself and consider becoming a member of our Family of Faith. *For details on our parish life, offering envelopes, pre authorized or on line giving, as well as to find out about ways of connecting, check out our website: [www.stmichaelw.ca](http://www.stmichaelw.ca) or see anyone at our Welcome Desk.*



We are approaching the most sacred time of the year. Due to the current pandemic, the liturgical celebration of the paschal mysteries of Holy Week, the Triduum and Easter will be celebrated without the physical participation of the faithful. However, Easter is at the heart of the entire liturgical year and is not simply one feast among others. Therefore, in union with Pope Francis who has said, while many church activities can be suspended during the pandemic, the liturgies of Holy Week and Easter cannot be cancelled or postponed.

Therefore we will be offering various On Line Options through our website – [www.stmichaelw.ca](http://www.stmichaelw.ca) and our [YouTube Channel](#).

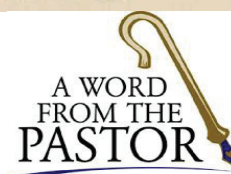
- **Palm Sunday:** the Mass will be available beginning at 9:00am. We will begin the liturgy with the blessing of palms, the proclamation of the Gospel and Solemn Entrance, but without the procession of palms. The liturgy will then proceed in the usual way. Blessed palms will be distributed at a later date. A special Children's Message will also be made available.
- **On Monday, Tuesday and Wednesday of Holy Week:** we will continue to broadcast the Daily Mass beginning at 9:00am and rebroadcast during the day. The Rosary will also be said at Noon and rebroadcast during the day.
- **On Holy Thursday:** the Mass will be available n line beginning at 7:00pm. The washing of feet will be omitted. At the end of the Holy Mass, the Blessed Sacrament will be reposed in the tabernacle. There will not be a procession to a special place of reposition.
- **On Good Friday:** a special Liturgy will be available at 3:00pm which will include special prayers for the sick, the dead, and for those who feel lost or dismayed. The Stations of the Cross will also be available at 7:00pm and rebroadcast during the day.
- **On Holy Saturday:** a special reflection will be available beginning at Noon and rebroadcast during the day.
- **On Easter Sunday:** Mass will be celebrated beginning at 9:00am. Special prayers will be said for those affected by the current pandemic, for our religious and government leaders, and for the dead. A special Children's Message will also be made available.



## Prayer for Spiritual Communion

My Jesus,  
I believe that You  
are present in the  
Most Holy Sacrament.  
I love You above all things,  
and I desire to receive  
You into my soul.  
Since I cannot at this  
moment receive You  
sacramentally, come at least  
spiritually into my heart.  
I embrace You as if You were  
already there and unite  
myself wholly to You.  
Never permit me to be  
separated from You.

Amen.



This Sunday is Palm Sunday. Palms will be blessed during a Mass offered, without the congregation present, from our Parish Church. This

Mass, along with a special Children's Message, can be viewed, beginning at 9:00am Sunday via our [YouTube Channel](#)

Thank you to so many who have been in contact expressing thanks for our virtual connections during this period of social distancing. We have averaged a total of 790 people over the last two Sundays watching our Lord's Day Mass and 190 families have also participated in our Children's Ministry videos. I am grateful to all who have subscribed to our [YouTube Channel](#) – over 200 households, and to all who are aiding us in making this outreach possible.

Over the last two weeks we have also been sending regular emails to parishioners, including our new E Newsletter – Sursum Corda to over 800 households. We also began devotions such as the Daily Rosary and Stations of the Cross via our [YouTube Channel](#)

This week I also began, along with some members of our parish team and a small group of volunteers, to personally telephone all of the households in our parish to individually check on families. This will take a little time but we will call everyone. We are still here for you during this difficult time. If you need us please call at 519 884 9311 and leave a voice mail. Or you can email us at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca).

## GIVING TO OUR PARISH AT THIS CRITICAL TIME - ELECTRONIC GIVING -

To accomplish the mission entrusted to us by Christ, St. Michael Parish depends entirely on the generosity of our parishioners. With the suspension of Sunday Mass and our Holy Week Celebrations, we urgently need you, our faithful parishioners, to continue to support St. Michael Parish. I realize that this is a time of significant insecurity, financially and in other ways, for many people, but if you are able to continue your contribution to St. Michael Parish, you would allow us to pay salaries, keep the buildings heated and provide for our outreach ministries. There are four methods to make your offering:

- Pre Authorized Giving: through scheduled monthly or weekly transfers. Forms are available at on our website or by calling our parish office and we will send the forms to you. Fill out the form, attach a void cheque and place the form in a sealed envelope and put it in the parish office mailbox or scan both and email to [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)
- Drop off your weekly envelope by putting it through the mail slot in the Parish Office door.
- Post-dated cheques. Instead of coming every week, put several post-dated cheques into the same envelope.
- Electronic Giving: [Go on to the parish website](#) and click *donate* and make your donation automatically using your credit or debit card on our secure page.

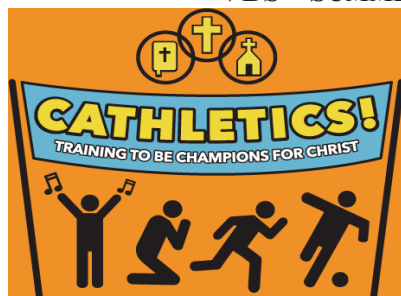
**Thank you for helping in the Mission of Christ through St Michael Parish especially at this challenging time.**



We are very excited that our parish will be offering an opportunity for high school aged young people to participate in the Steuenville Conference –

July 3-5, 2020. Watch for details or check our website – register soon!!

## VBS – SUMMER 2020



VBS will once again take place here at St. Michael Parish. Save the dates of **July 20-24, 2020 – 9:00-Noon.** VBS is for children JK – Grade 5. **On Line Registration opened this week – check it out**

**via our website.** If you wish to be part of our planning team – please email the parish office - - [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)



St. Michael Parish has begun a [YouTube Channel](#). Here you will find the Daily and Sunday Masses from the Chapel of the St. John Paul II Student Centre. You can also

access the Mass from our Facebook page. In addition to the Mass, a special Sunday Children's Message and Ministry page is accessible and you will also find devotions such as the Stations of the Cross, Rosary and special messages from our Pastor. Donations to help cover the cost of this endeavor are greatly appreciated. Please contact the Parish Office to inquire as to how to help. [Click here to check it out](#)

## MAKING THE MOST OF MASS ON OUR NEW YOU TUBE CHANNEL

1. Participate fully in the Liturgies, just as if you were at Church. Sit, stand and kneel at the appropriate times.
2. Listen to the readings and observe the moments of silence.
3. Consider watching it on your big screen TV's, it may actually feel like you are present with us.
4. Be very careful not to just say, "Easter is cancelled so I'll do something else". Easter is not cancelled. Jesus died and rose again to life to save us. Don't forget and don't pass it off as if it is just one more "thing" in your life.
5. "Watch" at the time you "Attend": Make Easter Sunday, and every Sunday, a priority and so watch at the usual time you would attend Mass

The Mass is the one and most important "thing" this week. Don't let anything get in your way of celebrating it. This year more than ever we need to know, experience and believe that Jesus is alive, He loves us, and He has given His Life to save us. Spend time with your family, thinking, talking and praying about the power of the Resurrected Lord especially with the challenges we are facing at this time.

## NEW E - NEWSLETTER

**Sursum Corda**



A new weekly E Newsletter is being sent to parish households as part of our efforts to keep all informed of updates, changes and opportunities. If you are not receiving it – to get put on the list - - [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## PRAYER AND NOT DESPAIR

***"I plead with you--never, ever give up on hope, never doubt, never tire, and never become discouraged.***

***Be not afraid."***

***St. Pope John Paul II***



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